

Who/What is A Better Life-Brianna's Hope?

♦ Brianna's Story

♦ Mission Statement-

 "Providing hope through Christ to individuals and communities battling addiction using support, encouragement, and collaboration."

◆ Identity Statement-

 "A Better Life-Brianna's Hope is a participant driven, faith-based, compassion filled support and recovery movement for those that are battling the battle with substance use disorder."

◆ Foundational Document-

- o *Brianna's Prayer* (read together)
 - ✓ We require each chapter to study this prayer as a means of connecting from chapter to chapter.
 - ✓ We believe this to be a powerful prayer that speaks of how we want to be perceived.
- o *Brianna's Prayer* as copied from a handwritten page she left behind.
 - ✓ Please, Lord, look after me and my family. Please help me to do the right thing and to show people that I am not a bad person inside or out and help me Lord to get through this disappointment again and know I make mistakes but who doesn't. I don't do it to do wrong. I do it cuz I feel I have no other choice. I want a better life, Lord, I do. Please help me. Do to me as what you feel is best, I surrender to you. In Jesus' name, Amen.

♦ Our Focus-

- Our focus is the addict not the addiction, the struggler not the struggle, and the individual not the organization.
 - ✓ We are not about the chapter but the individual struggler.
- We are not about building any church. For many addicts, strugglers, and overcomers, ABLBH is their church.



Why Bring A Better Life-Brianna's Hope to Your Community?

♦ ABLBH changes lives-

o Between November 5, 2014 and July 31, 2021, we have helped over 1,400+ addicts/strugglers into some type of treatment.

◆ ABLBH saves lives-

o Multiple addicts/strugglers have stated that without an "other choice" like ABLBH they would probably be dead.

♦ ABLBH provides help-

• We say we are in the hope giving business and business is great. As the addict sees the struggler succeed, they start to believe their life can change.

◆ ABLBH can improve the quality of life in your community/town-

o We are seeing communities change and the stigma lessened.

♦ ABLBH saves your community money-

- o Less incarceration- Jay County is around \$70.00/day.
- o Reduces the load placed on CPS- Keeps children with sober parents.

◆ ABLBH creates family and community spirit-

- o Addicts/strugglers are now being treated as though they are "human".
- **◆** ABLBH is proof that something can be done about the substance abuse issue plaguing communities small and large.
- **♦** Since starting, we have reached 625+ persons for Jesus Christ.
 - o Commitments and re-commitments

◆ What is the intensity of the battle against drugs here in your town/community?

- o Is your police force getting it done?
- o How are the schools involved in this battle?
- o Are your support and recovery groups taking care of it?
- o Is your court system able to keep up?
- o What about your churches, do they have it under control?



◆ We believe we are an "other choice" just as Brianna was hoping for.

- o We have no intent of replacing any other group.
- We want to be a complement- an option.
- o We believe in the good works of AA, NA, CR, and other efforts.



A Better Life-Brianna's Hope is Both Reactive and Proactive

♦ Reactive-

- We are presently 37 chapters in 27 Indiana counties, 8 chapters in 4 Ohio counties and a chapter in 1 Virginia county.
 - ✓ Meeting sites and days (all meetings are 6:30pm-8:00pm).
 - ✓ Some exceptions
 - ✓ See website

♦ FYI: DENOMINATIONS INVOLVED BY LEADERSHIP OR LOCATION:

- Assembly of God, Baptist, Biker, Brethren, Catholic, Christian, Christian Fellowship, Christian Missionary Alliance, Disciples of Christ, Friends Meeting, Nazarene, Non-denominational, UMC, Wesleyan, (4) Community Buildings, (3) SIF Family Resource Centers, Youth Building, Library, (4) Jails, Industry/Factory, Rehab Center, Former Kingdom Hall Jehovah's Witness.
- o Calls, hospital visits, names in paper, and/or one on one meetings
- o Relationship with local police-
 - ✓ Portland, Jay County Sheriff, Dunkirk, Albany, Redkey, Union City IN/OH, Muncie Police (Partners w/ Community Corrections), Parole Officers (New Castle)

♦ Proactive-

- o Speaking engagements
 - ✓ Clubs/Civic Groups/Sororities/Churches/Wherever invited.
 - ✓ Schools
 - We have shared with over 22,000 K-12th grade students in Indiana and Ohio.
 - ✓ Mercer County Jail in Celina, Ohio & Jay County Jail



What do You need to Start a Chapter of A Better Life-Brianna's Hope in Your Community?

Contact Randy Davis (765)730-4979 for a conversation and we go from there.

♦ Qualifications for a new chapter-

- o At least 2 Team Hope members
 - ✓ In order to maintain the faith-based element, we need a letter of recommendation from one member's pastor.
 - ✓ It is great if at least one is an addict in recovery
- o Support unit of multiple Team Hope members (4-8)
- o Leadership must attend one of our Saturday Training/Info Seminars.
 - ✓ Leadership must attend one Redkey or Model Chapter (listed below) meeting before the new Chapter opens. Redkey is the original; model chapters listed below:
 - Redkey
 - Bluffton

- Lafayette
- Greenfield

- o Secure a location.
- o Choose a night for your group.
- o All meetings should run 6:30pm-8:00pm.
- o Meetings will follow same format so attendees can feel at home
 - ✓ Welcome
 - ✓ Opening Poem/Reading/Prayer
 - ✓ Information/Announcements
 - ✓ Overcomer Reports
 - Celebration
 - 3rd week t-shirts
 - ✓ Victory tags
 - ✓ Brianna's Prayer
 - ✓ Lesson/Discussion/Speaker
 - ✓ Break- With FOOD
 - ✓ Continuation of Lesson/Discussion/Speaker
 - ✓ Word of Challenge/Inspiration/Closing Scripture
 - ✓ Prayer
- Your chapter must be approved by our board before it is accepted as a chapter of ABLBH.



✓ Feel free to use any of our ideas- we have no copyright, but please don't call yourself by our name.

♦ What can Your Chapter Expect from *A Better Life-Brianna's Hope?*

- o Board Meetings
 - ✓ Present structure effective 1.1.2019
 - ✓ 9 Member Executive Board
 - ✓ We are presently updating by-laws for greater compliance.
- o Quarterly General Assembly
 - ✓ Training meetings (pre-COVID19)
- o Liability coverage for leadership should they give wrong advice or direction.

◆ ABLBH will provide

- o 24/7 support and guidance
- Leadership training
- Names of speakers
- o Resourcing/Networking
- Access to web page and Facebook page
- o Financial assistance to get those interested into detox/rehab
- o Starter Kit:
 - ✓ Guideline sheet for all chapters
 - ✓ Rehabilitation Treatment Facility Info
 - ✓ Letterhead
 - ✓ Meeting Attendance verification forms
 - ✓ 16"x20" Poster w/ Brianna's Prayer and picture
 - ✓ Cash pay-out forms

\checkmark	6' Upright Banner	\$220.00
\checkmark	Tabletop Display Trifold	\$50.00
\checkmark	'4x6' Outside Banner	\$250.00
\checkmark	Trifold Brochures	\$75.00
\checkmark	Yard Signs	\$150.00
\checkmark	1 st order of Victory Tags	\$280.00
\checkmark	1st order of Chapter T-shirts	\$200.00

- Each chapter is responsible for arranging T-shirts to be professionally made.
- Must be one of two designs
- We will provide a list of color combinations already chosen.

-	Total=	\$1,275.00+
\checkmark	Liability Insurance for the Leadership	\$50.00



- ◆ We are a 501c3 and have forms you will need to do on a monthly basis.
- We do not want money to stand in the way of someone's recovery.
 - We call ourselves faith based.
 - We say we are about the addict/struggler.
 - Harbor Lights- Indianapolis(co-ed)
 - \checkmark 7-12 days detox= \$255.00
 - ✓ 2 weeks Residential Treatment= \$420.00 (Phase 1)
 - ✓ 2 weeks Residential Treatment= \$420.00 (Phase 2)
 - ✓ 2 weeks of Transitional Housing= \$224.00
 - o Transformations Center for Healing-Noblesville (women's facility)
 - ✓ Phase One (detox)- 60 days (\$600.00 per month)
 - ABLBH will cover up to \$1,200.00, after 60 days the individual is expected to find a job.
 - ✓ Phase Two (spiritual phase)- 4 months (\$600.00 per month)
 - During this time, Transformations will help you find a job which will in turn provide finances for Phases Two and Three.
 - ✓ Phase Three (psychological phase)- 4 months (\$600.00 per month)
 - Hickory Recovery Center- Indianapolis(co-ed), Corydon(male), Rockville (male)
 - ✓ 28day stay, 100 bed Addiction Residential Treatment Medicaid Facility, typically no wait/not long, offers MATS
 - o Avenues Recovery Center- Ft. Wayne(co-ed)
 - ✓ 30 days, 100 bed Treatment Facility, typically no wait, will has a
 Medicaid Navigator on site, offers MATS
 - o Landmark Recovery- Carmel(co-ed)
 - ✓ Some info: detox, Medicaid Navigator on site, Offers MATS
 - o Recovery Works- Cambridge City(co-ed)
 - ✓ Detox, Medicaid Navigator on site, offers MATS
- ◆ **We want to jump-start your chapter but cannot fund you without your help.
 - We will need a spoken commitment from you that you will do everything possible to help us raise funds for detox/rehab expenses.
 - ✓ Freely we have received, freely we want to give.



ABLBH-STEPS TO A NEW CHAPTER

- 1. Explore our website at <u>www.ablbh.org</u>
- 2. Express interest by contacting our ABLBH office
 - a. Call our office at (260)766-2006
 - b. Email info.ablbh@gmail.com
 - c. Call Randy Davis at (765)730-4979
 - d. Email randy.davis@inumc.org
- 3. Schedule an Intro/Info Session to learn who/what we are about.
 - a. Randy will do a 90+ minute "Intro/Info Session" at your location or by ZOOM.
 - b. You are invited/urged to include those inside/outside of your church or organization.
 - c. The more that know who/what we are about, the more it will help you while opening a chapter.
- 4. Visit the "Model Chapter" closest to your area (Name/ Location will be provided) so you can experience one of our support and recovery meetings.
- 5. Contact our office to schedule a 3-3 ½ hour training session.
 - a. Our leadership will provide this at your location.
- 6. Select an evening for your meeting, a start date and location, and then begin advertising/ sharing.
 - a. We ask that you wait two weeks or more after the training before starting your meeting.
- 7. Keep our office posted and aware of any way we can help.